# Maratha Mandal's Nathajirao G Halgekar Institute of Dental Sciences & Research Centre, Belagavi.

## Institutional social responsibility activities in the neighborhood community. Dental Camp 2017-2022

The Department of Public Health Dentistry has involved in community dental care activities to reach out to the general public as well as special institutions like de-addiction centers, special schools, orphanages, old age homes and rural anaganwadi where dental camps are conducted and health awareness is created depends on patient and community needs camps are organized. In each and every dental camp oral health instruction and talk is delivered by students through the booklet, PPT or oral talk. Oral diseases are a major public health problems so dental public health aims to improve the oral health of the population through preventive services.





## **Blood donation Camp-2017-2022**

Every year on 3<sup>rd</sup> of January, Department of Oral and Maxillofacial Surgery, Department of Oral Pathology & Microbiology, Youth Red Cross Wing and NSS Unit of the Institution organizes voluntary Blood Donation camps to mark Maratha Mandal's Foundation Day in collaboration with Belgaum Institute of Dental Sciences, Mahaveer blood bank.



## Anna Bhagya Scheme 2017-2022

Padmanath Anna Bhagya Scheme was started at our institute on the birth anniversary of our Late President Shri Nathajirao G. Halgekar on 12th August 2015. Our Late President Shri N.G. Halgekar always wished to provide free food for our patients , which is being fulfilled by our present President Smt. Rajshree Nagaraju and Shri . Rajesh Halgekar, Managing Committee Member, Maratha Mandal. This scheme provides free food for the patients on a daily basis at the dental college premises. About 80-100 patients take the benefit daily and this scheme has been well acknowledged by the patients. Every month more than 2500 patients have availed benefit of the Padmanath Anna Bhagya Scheme.





Daant Bhagya Yojana 2017-2022

The Department of Prosthodontics and Crown and Bridge at Maratha Mandal's Nathajirao G Halgekar Institute of Dental Science and Research Centre Belgaum signed a MOU with Department of Health and Family Welfare, Government of Karnataka treating patients with free dentures above 60 years of age possessing BPL cards holders. The programmed aimed at serving the patient who need a set of complete denture. More than 60 patients are benefited with it.





#### Awareness about Women's Health During Pregnancy 2017-2022

Every Monday of the month student's visit to Primary Health Centre from 2017. Many pregnant ladies were motivated by health talk. Topics include the impact of a woman's oral health during pregnancy and after birth, barriers to accessing oral health care during pregnancy by showing various health education aids like PPT presentations, booklets and with help of ASHA workers present at the PHC centre.



#### Awareness of ill Effects of Tobacco 2017-2022

Tobacco cessation counseling and oral prophylaxis is done for the de-addiction centers (Sahara and Shri Shakti) inmates at their facility using our dental portable unit and the inmates are offered free dental care at the institute upon their successful quitting of the tobacco habit. The activities aim to spread awareness about dental health, act against the tobacco habit and provide necessary dental care to disadvantaged community



#### **NSS Activities 2017-2022**

The motto of NSS is "not me but you" reflects the essence of democratic living and upholds need for self-service's helps the students development and appreciation to other persons point of view and also show consideration towards other living beings. Every year NSS Committee conducts activities such as Van-mahostav, Swach Bharath Abhiyan, Sharing and caring (donation household items to KIAAN house for children with HIV). Also flood relief camps conducted in 2019, as part of disaster management's befiniting more than 80 families. Many rallies (Save river, Save water) were conducted to bring awareness to society at large.





#### Youth Red Cross 2017-2022

The Youth Red Cross (YRC) unit of Maratha Mandal's Nathajirao. Halgekar Institute of Dental Sciences and Research Centre was formed in association with Indian Red cross Society, Belagavi. The genesis of youth red cross unit is to inculcate the practice of service in youth especially in relation to (i) Taking care of their own health and that of others (ii) Understanding and accepting of civic responsibility (iii) Maintaining a spirit of friendliness and helpfulness towards other youths in India and all over the World and (iv) Dissemination of the red cross movement. The students of our institution every year participates in various events organized by YRC committee like National Youth Day, Voluntary blood donation camps, World red cross day, First aid workshop, Vanamahotsav by planting saplings in various schools.





#### Sharing and caring 2017-2022

NSS unit along with the Youth Red Cross wing of Maratha Mandal's NGHIDS & RC, Belgaum organized every year a donation camp for kids with HIV near Deccan Hospital Belagavi. Household items like washing soap, detergent and toilet cleaner were donated by students and staff members which were given to the 15 kids at the school every year. The contribution towards such event has always been a moto of the NSS and YRC wing of the college.





## Pamphlets Distribution At Rural Area "House To House" 2017

A team of students have been involved in surveying the dental problems of the community through house to house visit in rural areas. The student activities have generated a number of health education materials, booklets, pamphlets, health education videos, public education models to be displayed at our museum.





#### **AARAV 2017**

Dance for peace on 5th February 2017 wherein 9219 uniformly dressed students of Maratha Mandal Institutions danced on 5 patriotic songs and created Guinness World Records under largest Bollywood dance category





## Rally for rivers 2017

Rally for saving rivers in Karnataka was organized by Maratha Mandal group of Institutes on 2017 with the intention to save every single drop of water by creating awareness and importance of it amongst the common people of Belagavi. More than 1500 students participated in this rally. The Dais was shared by the President of Maratha Mandal Smt. Rajshree Nagaraju, Shri. Feroz Sait Ex MLA {Belagavi North}, Directors and M. C. Members of Maratha Mandal Shri. Nagesh J., Shri. Ramchandra M., Smt. Dhanashree, Shri. Rajesh Halgekar, Shri Prasad M. And Vinayak G. In her speech Smt. Rajshree Nagaraju said that water is the most precious gift to humanity by the nature and we should take the initiative to promote water conservation in order to maintain the presence of clean water on the planet earth. She further stated that previously rivers like Malaprabha and Ghataprabha in Khanapur district used to overflow but in recent years this picture is changing and these rivers are getting dried and polluted.





## **Group Discussion About Oral Hygiene At Orphanage 2017-2018**

Group discussion on students at orphanage (Gangamma Chikkumbi Matha) was organised on 7<sup>th</sup> November 2017 along with screening of oral cavity the detail explanations about oral hygiene and oral health care was explained to 23 children in the form of games, skit plays or small group discussions using laptops and tooth brushing models.



Survey about Oral Health at Balkayalan NGO 2017-2018

Students conducted a survey at Balkayalan NGO on 18<sup>th</sup> April 2018 among 25 students and donated an oral health model for benefits of children. Explained the oral hygiene maintenance and also diet chart was explained to them. Oral screening was done and advice the student to visit our institution for further treatment.



## World No Tobacco Day 2017-2018

As a part of World No Tobacco Day our institute conducted the dental screening and health education programme at Hindalco industry on 31<sup>st</sup> May 2018. Dental screening done among the Hindalco industry where 55 employees and workers participated in it. Health talk was delivered explained them ill effects of tobacco.



## Free Distribution of Toothbrush and Toothpaste 2018-2019

On 22<sup>nd</sup> January 2018 total of 23 children at Aganwadi, Uchagaon where checked screening for oral diseases was done and distributed free toothbrush and toothpaste this was implemented to promote oral health and to guide proper tooth brushing technique in children.



## Creating Awareness About Geriatric Health 2018 -2019

On 19<sup>th</sup> April 2018 dental camp conducted at Karunalaya old age home, Navage. A total of 48 people were examined and oral health talk and specific factors related to health and oral health were explained



## **Educating Girls About Menstrual Cycle and Hygiene 2018-2019**

1<sup>st</sup> of June 2018 in coordination with Balika Adarsh Vidyalaya Marathi Medium school oral examination was done for 358 girl students and educated them about the cleanliness and inters dependent relation of oral health and menstrual management. Also using soap and water for washing the hands. Having access to safe and convenient facilities to dispose of used menstrual management materials. They understand how important is the hygiene and how to manage it with dignity and without discomfort.



## **Screening Camp at Police Academy 2018-2019**

On 29<sup>th</sup> and 30<sup>th</sup> August 2018, on occasion Oral Hygiene Month was celebrated. Oral screening was done among police trainee .A total 309 police trainee were participated in this event at APMC Police station. Health talk was delivered. Explained the benefits of early oral treatments and tooth brushing technique to them in all the three languages (English, Hindi, Kannada). Also advised all of them to get the treatment done at our institution as early as possible.



## **Children's Day 2019-2020**

Department Of Public Health Department celebrated Children's Day on 14<sup>th</sup> November 2019 at Snehalaya school for Divyang children (differently abled children). Dental examinations were performed where 45 children were examined. Along with health education games were played with children, explained them good for teeth and bad for teeth. Skit was performed and all the children actively participated in it





## **National Tooth Brushing Day 2019-2020**

An awareness camp was organized by the Department of Public Health Dentistry, Maratha Mandal Dental College for the students of Government Model Marathi School, Kadoli village (1st to 4th class) on 7th November 2019 which was celebrated as The National Tooth brushing Day.





## Women's Day Celebration 2020-2021

On occasion of Women's Day a drive was conducted for awareness on 8<sup>th</sup> March 2021 on female hygiene in our institution and sanitary products were distributed to Group D Staff. A total of 21 Group D Staff were participated in it.



#### **World Oral Health Day 2020-2021**

The department of public health dentistry celebrated world oral health day on 20/3/2021. two different schools, Maratha Mandal's English Medium School and Maratha Mandal's Central High School Belagavi, Karnataka, India. Were visited on 20 / 3/ 2021 and 22/3/2021 as well as in our institution.

Health talk was given related to their oral health issues, caries, maintaining oral hygiene along with this tooth brushing technique was demonstrated for the overall health. Campaign posters, video and fact sheets were used to raise awareness regarding oral health in school children as well as in the premises. Awareness regarding Be Proud of Your Mouth was done with the help of handmade campaign frames. Tooth brush and tooth pastes samples were distributed to school children. Also instructions were given related to maintenance of hand hygiene, preventive measures for COVID19 and importance of vaccination. This activity conducted in the school was covered by the local newspapers.



#### World Health Day 2020-2021

The Department of Public Health Dentistry celebrated World Health Day on 7 April 2021 at Gharkul old age home, Benakanhalli, Belgaum. The inmates were educated on geriatric health, oral health and maintenance of denture along with this tooth brushing technique was demonstrated. 21 holy books were donated at Gharkul old age home. A guest lecture was organized on building a fairer healthier world, delivered by Ramabhadra Priya Das Prabhuji from ISKCON Belgaum in the college on 12 April 2021.





## **National Public Health Dentistry day**

Department of Public Health Dentistry is organizing a webinar on 21<sup>st</sup> June 2021 at 11am to 12noon on the occasion of National Public Health Dentistry Day. All the UG and PG students, Interns and staff members are informed to attend the programme. The online link will be sent to all. The UG classes will be suspended from 11am to 12 noon.

Topic: "Seeing the bright side in the dark times", Speaker: H G Amogh Lila Das, ISKON Dwarka



#### Gandhi Jayanthi

Gandhi Jayanthi was celebrated on 2<sup>nd</sup> October in college premises. Gandhiji's photo was garlanded and pooja was done by our beloved principal Dr.Ramakanth Nayak sir, followed by a song "VAISHNAV JANATHO" which was one of Gandhiji's favorite song. Students of II, III & IV B.D.S stressed the importance of using "SWADESHI PRODUCTS" to improve our Indian Economy. Students also spoke about importance of "SWACH BHARTH ABHIYAN" dream of Gandhiji to see clean and green India. The cleanliness drive began in and around the college; all the staff members and students participated in SWACH BHARATH ABHIYAN. Everyone cleaned their respective departments and students also cleaned their hostels. We accomplished a successful mission of Swach Bharath Abhiyan.



## Gandhi Jayanthi

NSS team has organized Gandhi Jayanthi to celebrate the 149<sup>th</sup>birth anniversary of the father of our nation, Gandhiji. As it was the dream of Gandhiji to see our country clean and green, initiative create awareness about renewable energy. A guest lecture was organized to address the issues of water conservation and sustainable living measures to minimize earth pollution by Mrs Arathi Bahndari. She addressed the gathering, laid importance of resorting to sustainable and renewable energy resources. And Swachha bharath abhiyan was carried out by all staff and students in their respective departments.





#### Gandhi Jayanthi

NSS team has organized Gandhi Jayanthi to celebrate the 150 <sup>th</sup> birth anniversary of the father of our nation, Gandhiji. As it was the dream of Gandhiji to see our country clean and green, initiative was taken to bring awareness on hazards of single use plastics and its effects on our natural ecosystem. A guest lecture was organized to address the issues of ill effects of plastics on nature and measures to minimize them by Mr.Rahul Mohandas. On the same day pledge was taken to make our campus free from single use plastics. Swachhabharathabhiyan was carried out by all staff and students in their respective departments.





#### Gandhi Jayanthi

On the occasion of the 151th year (02/10/2020) of celebration of Gandhi Jayanthi, an online event was conducted. The theme of the event was Society before self. The welcome note was addressed by DrRamyaPai, NSS unit incharge. The Founder of Ashraya Foundation , an NGO working towards empowerment of HIV infected and affected adolescent Girls and women, Mrs Nagaratna Ramagounda was the chief guest of the event. Madam addressed the gathering regarding values Gandhiji advocated regarding the social services towards society. Madam shared her life experience with the audience regarding overcoming social barriers being HIV positive and how she founded the organisation working towards empowering HIV infected women. Principal Dr Ramkat Nayak addressed the Gathering followed by vote of Thanks by Dr Sujata Bayahatti. The event was participated by all the staff and students of the institute.





## Gandhi Jayanthi

The NSS unit of the Institute organized Swatch Bharat Abhiyan on the occasion of Gandhi Jayanthi (02/10/2021). The ceremony began with welcome address followed by paying a floral tribute to Mahatma Gandhi. Intern Dr Lavanya Savadatti spoke about the significance of celebrating the day. Group D employees of the Institute were felicitated by the Principal by presenting them a token of appreciation. The event was followed by inauguration of dry leaves composting unit.





